

# Iltarastit 24.6.2020 - Syöte, Teerivaara

## A-rata 5,2km, tilanne rasteilla, rastivälien ajat

|                      | 1. [054]           | 2. [045]           | 3. [048]           | 4. [049]           | 5. [050]           | 6. [053]             | 7. [055]             | 8. [040]             | Tulos   |
|----------------------|--------------------|--------------------|--------------------|--------------------|--------------------|----------------------|----------------------|----------------------|---------|
| 1. Janne Nurminen    | 1-02:49<br>1-02:49 | 1-18:24<br>1-15:35 | 1-19:54<br>2-01:30 | 1-21:41<br>4-01:47 | 1-28:48<br>2-07:07 | 1-38:52<br>3-10:04   | 1-46:14<br>4-07:22   | 1-49:10<br>2-02:56   | 49:10   |
| 2. Esa Hietala       | 2-02:53<br>2-02:53 | 6-26:50<br>6-23:57 | 5-27:59<br>1-01:09 | 5-29:49<br>5-01:50 | 3-36:06<br>1-06:17 | 3-45:26<br>1-09:20   | 3-51:05<br>1-05:39   | 2-53:45<br>1-02:40   | 53:45   |
| 3. Hannu Hiltula     | 8-04:22<br>8-04:22 | 2-22:43<br>2-18:21 | 2-24:25<br>3-01:42 | 2-26:34<br>7-02:09 | 2-33:44<br>3-07:10 | 2-43:36<br>2-09:52   | 2-50:51<br>3-07:15   | 3-53:59<br>3-03:08   | 53:59   |
| 4. Miikka Harju      | 4-03:37<br>4-03:37 | 4-23:57<br>4-20:20 | 4-26:46<br>8-02:49 | 4-29:00<br>8-02:14 | 4-38:17<br>5-09:17 | 4-50:00<br>4-11:43   | 4-57:29<br>5-07:29   | 4-1:00:57<br>6-03:28 | 1:00:57 |
| 5. Julia Nifakina    | 9-04:42<br>9-04:42 | 5-26:04<br>5-21:22 | 6-30:01<br>9-03:57 | 6-31:27<br>1-01:26 | 5-40:00<br>4-08:33 | 5-52:33<br>5-12:33   | 5-59:46<br>2-07:13   | 5-1:03:11<br>5-03:25 | 1:03:11 |
| 6. Jari Loukusa      | 3-03:22<br>3-03:22 | 3-23:05<br>3-19:43 | 3-24:58<br>4-01:53 | 3-26:40<br>2-01:42 | 6-43:22<br>9-16:42 | 6-56:19<br>6-12:57   | 6-1:05:01<br>7-08:42 | 6-1:08:48<br>7-03:47 | 1:08:48 |
| 7. Tapani Alahäivälä | 7-04:11<br>7-04:11 | 7-30:03<br>7-25:52 | 7-32:31<br>7-02:28 | 7-34:50<br>9-02:19 | 7-45:06<br>6-10:16 | 7-1:00:28<br>8-15:22 | 7-1:08:18<br>6-07:50 | 7-1:11:26<br>3-03:08 | 1:11:26 |
| 8. Moona Harju       | 5-03:45<br>5-03:45 | 8-34:07<br>8-30:22 | 8-36:02<br>5-01:55 | 8-37:59<br>6-01:57 | 8-50:55<br>8-12:56 | 8-1:05:24<br>7-14:29 | 8-1:16:08<br>9-10:44 | 8-1:20:14<br>8-04:06 | 1:20:14 |
| 9. Matti Suorsa      | 6-03:58<br>6-03:58 | 9-43:02<br>9-39:04 | 9-45:22<br>6-02:20 | 9-47:05<br>3-01:43 | 9-58:23<br>7-11:18 | 9-1:13:51<br>9-15:28 | 9-1:23:59<br>8-10:08 | 9-1:28:18<br>9-04:19 | 1:28:18 |

## B-rata 3,3km, tilanne rasteilla, rastivälien ajat

|                         | 1. [060]             | 2. [062]             | 3. [054]            | 4. [063]             | 5. [041]             | 6. [055]               | 7. [040]               | Tulos   |
|-------------------------|----------------------|----------------------|---------------------|----------------------|----------------------|------------------------|------------------------|---------|
| 1. Lauri Suorsa         | 1-09:19<br>1-09:19   | 1-13:11<br>4-03:52   | 7-28:52<br>12-15:41 | 3-33:22<br>1-04:30   | 3-37:07<br>2-03:45   | 1-42:57<br>1-05:50     | 1-47:06<br>5-04:09     | 47:06   |
| 2. Ari Kokko            | 6-12:29<br>6-12:29   | 6-17:16<br>5-04:47   | 2-26:26<br>4-09:10  | 1-32:05<br>3-05:39   | 1-36:18<br>7-04:13   | 2-43:26<br>4-07:08     | 2-47:29<br>2-04:03     | 47:29   |
| 3. Riina Lauhikari      | 7-12:36<br>7-12:36   | 7-17:30<br>6-04:54   | 3-26:35<br>3-09:05  | 2-32:13<br>2-05:38   | 2-36:23<br>6-04:10   | 3-43:42<br>6-07:19     | 3-47:47<br>3-04:05     | 47:47   |
| 4. Taisto Luukkonen     | 3-11:16<br>3-11:16   | 5-17:12<br>9-05:56   | 4-27:17<br>6-10:05  | 4-34:06<br>6-06:49   | 4-37:58<br>3-03:52   | 6-46:11<br>9-08:13     | 4-51:17<br>6-05:06     | 51:17   |
| 5. Hannele Puhakka      | 9-13:37<br>9-13:37   | 8-19:03<br>7-05:26   | 5-28:07<br>2-09:04  | 5-34:18<br>5-06:11   | 5-38:43<br>8-04:25   | 4-45:52<br>5-07:09     | 5-51:18<br>7-05:26     | 51:18   |
| 6. Antero Pätsi         | 10-13:38<br>10-13:38 | 9-19:05<br>8-05:27   | 6-28:22<br>5-09:17  | 6-34:23<br>4-06:01   | 6-38:55<br>9-04:32   | 5-46:02<br>3-07:07     | 6-51:33<br>8-05:31     | 51:33   |
| 7. Heikki Paukkeri      | 4-11:35<br>4-11:35   | 3-15:11<br>2-03:36   | 9-30:43<br>11-15:32 | 8-39:01<br>9-08:18   | 8-42:59<br>4-03:58   | 8-50:50<br>7-07:51     | 7-54:55<br>3-04:05     | 54:55   |
| 8. Väinö Hinkula        | 2-11:11<br>2-11:11   | 2-14:48<br>3-03:37   | 8-30:15<br>10-15:27 | 7-38:37<br>10-08:22  | 7-42:36<br>5-03:59   | 7-50:42<br>8-08:06     | 8-56:39<br>10-05:57    | 56:39   |
| 9. Maire Kosamo         | 5-12:28<br>5-12:28   | 4-16:02<br>1-03:34   | 1-23:00<br>1-06:58  | 10-43:47<br>12-20:47 | 9-46:36<br>1-02:49   | 9-53:25<br>2-06:49     | 9-57:22<br>1-03:57     | 57:22   |
| 10. Milla Harju         | 8-13:07<br>8-13:07   | 10-19:22<br>10-06:15 | 10-33:39<br>7-14:17 | 9-42:49<br>11-09:10  | 10-47:24<br>10-04:35 | 10-57:24<br>10-10:00   | 10-1:03:19<br>9-05:55  | 1:03:19 |
| 11. Anna-Liisa Seppänen | 12-16:30<br>12-16:30 | 11-23:22<br>11-06:52 | 11-38:48<br>8-15:26 | 11-47:04<br>7-08:16  | 11-53:01<br>11-05:57 | 11-1:06:05<br>12-13:04 | 11-1:12:33<br>11-06:28 | 1:12:33 |
| 12. Annika Mattinen     | 11-16:28<br>11-16:28 | 12-23:32<br>12-07:04 | 12-38:58<br>8-15:26 | 12-47:15<br>8-08:17  | 12-53:12<br>11-05:57 | 12-1:06:07<br>11-12:55 | 12-1:12:35<br>11-06:28 | 1:12:35 |

## C-rata 1,8km, tilanne rasteilla, rastivälien ajat

|                     | 1. [046]           | 2. [047]           | 3. [043]           | 4. [042]           | 5. [044]           | 6. [040]           | Tulos |
|---------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|-------|
| 1. Silja Alahäivälä | 1-03:08<br>1-03:08 | 3-09:05<br>3-05:57 | 1-12:55<br>1-03:50 | 1-16:55<br>1-04:00 | 1-22:11<br>2-05:16 | 1-25:02<br>1-02:51 | 25:02 |
| 2. Pauli Alahäivälä | 2-03:18<br>2-03:18 | 1-07:21<br>1-04:03 | 2-13:26<br>3-06:05 | 2-19:26<br>2-06:00 | 2-25:42<br>4-06:16 | 2-30:20<br>4-04:38 | 30:20 |
| 3. Elsi Nurminen    | 4-05:45<br>4-05:45 | 4-13:29<br>4-07:44 | 4-19:17<br>2-05:48 | 3-25:55<br>3-06:38 | 3-31:36<br>3-05:41 | 3-34:38<br>2-03:02 | 34:38 |
| 4. Lotta Nurminen   | 3-03:54            | 2-08:05            | 3-18:44            | 4-45:03            | 4-48:40            | 4-51:57            | 51:57 |

3-03:54 2-04:11 4-10:39 4-26:19 1-03:37 3-03:17

### Oma rata, tilanne rasteilla, rastivälien ajat

|                  | 1. [047]           | 2. [046]           | 3. [040]             | Tulos   |
|------------------|--------------------|--------------------|----------------------|---------|
| 1. Samu Klauser  | 2-29:08<br>2-29:08 | 3-40:35<br>3-11:27 | 1-1:06:07<br>1-25:32 | 1:06:07 |
| 2. Katja Soukhov | 1-29:07<br>1-29:07 | 1-40:10<br>2-11:03 | 2-1:06:38<br>3-26:28 | 1:06:38 |
| 3. Kiira Soukhov | 3-30:13<br>3-30:13 | 2-40:29<br>1-10:16 | 3-1:06:51<br>2-26:22 | 1:06:51 |

### Oma rata 2, tilanne rasteilla, rastivälien ajat

Tulos